

panini & sandwiches served with mixed greens and fresh fruit

caprese

fresh mozzarella, basil, tomato,
olive oil on foccacia
\$4.95

roma prosciutto

mozzarella, basil, olive oil on foccacia
\$5.75

ham & cheese

ham, jarlsberg, tomato, avocado,
capers, red onion, dijon on sourdough
\$5.50

tri-color veggie

spinach, roasted red peppers,
feta w/lemon hummus on foccacia
\$4.95

cuban

roast pork, ham, pickles, jarlsberg
and dijon on brioche
\$5.75

omelette panini

eggs espresso with amy's chicken sausage
and fontina, spinach and goat cheese,
or your choice of two ingredients on a bagel
\$5.25

p.o.d. (panino of the day)

exotic grilled creations — changed daily
\$5.25

lox deluxe

smoked lox, red onion, tomato, capers
on fresh baked bagel
\$5.50

tuna

tuna, lemon, capers, cucumber, avocado
on pumpernickel
\$5.50

pb&j

organic peanut butter with choice
of jam, on white or chocolate bread
\$3.95 (add banana 50¢)

turkey wrap

turkey, tomato, avocado, greens, wasabi
mayo in a spinach tortilla
\$5.50

salads & soup served with grilled bread

house salad

mixed greens, red onion, tomato with
choice of dressing
\$3.75

aegean salad

greens, cucumber, olive, feta, mint with
lemon hummus dressing
\$5.25

salad dressings: buttermilk, green goddess, lemon hummus, and wasabi-ginger

brie salad

mixed greens, chickpeas, dill, brie
with buttermilk dressing
\$5.25

asian salad

turkey, water chestnuts, cucumber,
greens, with wasabi-ginger dressing
\$5.50

seasonal salad

(dependent on the season) mixed greens,
avocado, red onion, seasonal fruit & nuts
with green goddess dressing
\$5.25

soup of the day

daily inventions based on what's fresh
and seasonal
\$3.25

fresh baked goods a rotating menu of oven creations. here is a sample of what you'll find every morning

mini-scones

sausage/cheese, blueberry, bing cherry,
and orange
50¢ each or 5/\$2.00

mini-muffins

blueberry lemon, cranberry orange, and
banana chocolate chip
50¢ each or 5/\$2.00

harvest parfait

a healthy breakfast feast, layers of fresh
fruit, organic maple yogurt, and pecan
praline granola
\$3.25

cookies

raspberry vanilla, double chocolate, and
lemon ginger
50¢ each or 5/\$2.00

bar cookies

rich, indulgent treats such as Dulce de
Leche, Peanut Butter Ganache, Chocolate
Toffee Crunch, Key Lime Bars
\$1.75

chocolate bread pudding

served warm with fresh fruit and
whipped cream
\$3.00

croissants

fresh daily variety from red hen bakery
\$1.75 – 2.75

oatmeal

\$2.25
with dried or fresh fruit
\$3.25

fruit salad side

\$2.25

as always, check our board or
call for our daily specials.

drink

hot & stimulating just coffee's 100% fair trade coffees from around the world

	small	med	large
brewed coffee (to stay)	\$1.25	---	1.75
brewed coffee (to go)	1.50	1.75	2.00
espresso	1.50	1.75	2.00
cappuccino	2.50	3.00	3.50
latte	2.50	3.00	3.50
cafe au lait	2.00	2.50	3.00
mocha	2.75	3.25	3.75
high dive (caramel vanilla latte)	2.75	3.25	3.75
chai latte	2.50	3.00	3.50
mate latte	2.50	3.00	3.50
hot chocolate	2.25	2.50	2.75
ineeka teas	—	1.65	—

teas: darjeeling, himalayan black, egyptian chamomile, himalayan green, mint, green limon, ma-chai)

cool & refreshing or try any of our hot drinks chilled on ice

	small	med.	large
cold-brewed iced coffee	1.50	1.75	2.00
iced teas (herbal or caffeinated)	1.25	1.75	2.25
italian sodas (38 different flavors)		2.25	
aranciata & limonata		1.75	
san pellegrino		1.50	
bottled water		1.50	
naked juice (12+ varieties)		2.29 — 2.99	

dive into delicious

A stylized illustration of a person in a dark swimsuit diving headfirst into a blue coffee cup. The cup is filled with coffee and has a white flower-like pattern on top. The background is a light blue gradient.

swim cafe

open daily
6am to 6pm

fresh baked goods
innovative panini
100% fair trade coffee
healthy salads
home-made soup

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